

The official newsletter of **People Who Care (Inc)**

"we are committed to realising a caring community where people who are able, look after those in need"

Welcome to the latest issue of *In Touch*, the newsletter that keeps People Who Care's employees, volunteers, supporters and clients up to date with all that's happening in the organisation.

If you have a story that you think would enhance the next edition of *In Touch*, send it in by post or email to head office. All the contact details are below.

ANNUAL GENERAL MEETING ANNOUNCED FOR THE 26TH SEPTEMBER

As promised at last year's Annual General Meeting (AGM), the event this year will be held in our South West region. All current volunteers are members of People Who Care and can vote at the AGM. People Who Care's Board of Management invites you all to enjoy a sit down dinner during the formal proceedings at the beautiful **Mandurah Quay Resort on Thursday, 26th September.**

To get there we will be taking a bus down from Guildford/Warwick on the day and we can also help coordinate car pooling arrangements should you need it. If you require transport, please ensure you let us know when you register your attendance.

At this stage we are planning for the 2014 AGM to be held in Warwick.

Date: Thursday, September 26, 2013

Time: 6.00pm (registration from 5.45pm)

**Place: Mandurah Quay Resort
40 Marina Quay Drive, Erskine (Mandurah)**

Register to attend before the 20th September by calling your nearest office:

Guildford Office	9379 1944
Mandurah Office	9535 3433
Warwick Office	9447 0810



Please let us know if you have business for the agenda, or wish to nominate yourself or another for a board position by the 20th September. For this, or just more information on People Who Care's corporate responsibilities, please contact Cecilia Broderick, Acting General Manager, People Who Care on 9379 1944 or email pwc.gm@peoplewhocare.org.au.

On behalf of People Who Care's Board of Management we hope to see you there.

Volunteer Monthly Coffee Club

Every month, a coffee club is held at our centres in Warwick, Guildford and Mandurah from 10:30am – 11:30am. We welcome the opportunity to regularly meet with our wonderful volunteers and exchange ideas and stories.



Please join us for morning tea and meet other volunteers who support People Who Care. We

will provide a delicious morning tea and the opportunity to chat with Kathryn our Volunteer Development Officer or our Acting General Manager, Cecilia Broderick.

Coffee Club days

Guildford, 1st Wednesday of the month
Mandurah, 1st Thursday of the month
Warwick, 1st Tuesday of the month

To attend call your nearest office.

Kathryn Gordon, Volunteer Coordinator

Head Office:

48 James Street
GUILDFORD WA 6055
Telephone: 9379 1944
Facsimile: 9379 1955

North Metro Office:

585 Beach Road
WARWICK WA 6024
Telephone: 9447 0810
Facsimile: 9447 5830

South West Metro Office:

423 Pinjarra Road
COODANUP WA 6210
Telephone: 9535 3433
Facsimile: 9535 5433

SW (Kwinana) Day Centre

13 Leasham Way
MEDINA WA 6167
Telephone: 9439 1179
Facsimile: 9419 7328

Goodbye to Andrew York, GM & Welcome Cecilia Broderick

As you might be aware, our former Board Chairperson, Cecilia Broderick has stood down from the Board for a three month period commencing 8th August 2013. As a consequence I am honoured that the Board has elected me as Chairman.

I'm pleased to take this chance to introduce myself and talk about the recent changes to the Board of People Who Care Inc. and provide some clarity on the organisation's short term objectives.

The recent resignation of Andrew York as our General Manager has impelled the Board to closely look at how it may ensure the speedy appointment of Andrew's replacement and also secure the long term sustainability of our organisation.

During the next three months Cecilia will work from our Guildford offices and will focus on ensuring the ongoing operation of People Who Care and meeting our service obligations. Having volunteered as a PWC Board member for over 9 years and as a senior public servant, Cecilia is well qualified and experienced to take up the role and I look forward to volunteers and staff giving her their full support during this period.

A priority for the Board is to attract a new General Manager who can build on the excellent work of Andrew and lead



New Chairman, Peter Varris (Right) with Volunteer, Paddy Monaghan (Left) at the recent Op Shop Reopening.

People Who Care into the future. Cecilia will oversee the recruitment process with the Board's Human Resources Committee, with a final appointment decision being made by the Board.

I hope to visit each of the centres over the next month and look forward to meeting as many of you as I can.

Peter Varris, PWC Chairperson

What is in a Name? – from Centre Based Day Care to Social Support in the North

In the Northern region staff and volunteers are coming to the end of a transition period that has seen the clients at the Centre Based Day Care North move to being Social Support clients.

The Commonwealth Home and Community Care (HACC) Program provides 19 basic maintenance, support and care services to assist older people and those with disabilities who wish to remain in the community. The HACC program however is not providing any new funding for centre based day care and will instead increase the provision of funding for social support in Western Australia.

All HACC services focus on supporting different areas of need that an individual may have due to a limitation in their ability to undertake tasks of daily living. Social support describes a number of activities that help a client to participate in community life.



These activities might include:

- visiting services;
- telephone based monitoring services; or
- assisting the person with shopping and other related activities.

To make the change we have been working with clients to ensure that they experience a positive difference. They will now be engaged in more and different outings as well as the ongoing chance to meet new people through a partnership with the centre in Guildford.

Cathy West and the staff at Guildford have helped tremendously with this change. With ongoing support we are confident that the change will be a good one for many.

Vanessa McKim, Regional Services Coordinator North

Don't dump it – donate it to PWC

The “Op” Shop, run by People Who Care in James Street Guildford, was reopened in August with a new bright layout and a whole new range of clothes, furnishings and essential home items. Closed for six long months after vandals lit a fire outside the building in February, staff and volunteers have been working hard to clean up the area and build up enough stock for the shop to reopen.

The official reopening was held on Saturday night, 10th August and this function was my first as the Acting General Manager. After the fire the majority of the garments and soft furnishings had to be thrown out because of smoke or water damage. PWC is really grateful that through our great network of volunteers we have been able to begin stocking the shelves and clothes racks.

The Op Shop does however need more. Items in demand include work clothes, children's toys and there are always families asking for fridges and washing machines in working order.

Our Op shop is supported by volunteers who provide their time, and the many community donors who contribute their excess resources to assist people in need.



Household items, which are in good and working condition, are a valuable resource for struggling families. Without extended families to call upon for help, many families and older people in genuine need these days rely on the kindness and generosity of strangers, or go without.

Donations from businesses are also welcome. Donating is another way that a business can demonstrate to customers that they are a good corporate citizen and an environmentally responsible organisation.

Donating products is far better than the items ending up in landfill. Contributions may be made from distribution centres, retail outlets, company facilities, or tradeshow. Unsold, seasonal, returned or slightly damaged (items that are still usable) products for donation can be picked up at retail stores or branches. To find out more about donating goods call us - small items can be dropped at 48 James Street

Guildford during office hours or for collection of larger items, call 9379 1944 to arrange a pick up in the metropolitan area.

Cecilia Broderick,
Acting General Manager



SUPER EFFORT FROM THE BIG HELP MOB

People Who Care has started a successful partnership with the online group 'Big Help Mob'. Coordinated through a web portal, the Big Help Mob is made up of ordinary people who combine their powers to perform extraordinary feats of generosity for people, ecosystems and animals.

Their mission states that they will take on tasks that can be completed in a day, whether it's 5 people needed to paint a fence for an older person or 105 people needed to plant 10,000 trees in a single morning. The Big Help Mob is capable of responding to each and every legitimate request for help from anyone in Perth (and eventually beyond).

In August, PWC has been able to call on the superhero qualities of the Big Help Mob to provide a much needed burst of people-power to help out with the garden at Guildford.

On the day a team of Gardening Gurus put their green thumbs to good use by helping to create a beautiful garden for our CBDC clients. They raked, pruned, weeded, planted and did a basic tidy up of the gardens which has all helped to create a better environment at the centre.



Over the next few months we will be looking to set up some new missions for the Big Help Mob's Gardening Gurus, because as we know gardening is one of the practical services which really helps clients to remain living safely and independently in their own homes. For now though it's a thank you to the Big Help Mob.

Cathy West, *Regional Manager East Metro*

Fundraising is Sizzling in Mandurah

Our seniors from the centre based day care and transport programs have started to attend monthly Garden Club get togethers organised with Bunnings. Everyone is enjoying what they are learning at the club and many are excited about bringing their knowledge back to their own water-wise gardens and helping those at the centre in the South West.

With the help of staff and volunteers, in July and August our region also organised a number of fundraising sausage sizzles outside Bunnings Hardware Store in Mandurah. These events were a great promotion for PWC and were really well attended by both the community and business people in the Mandurah region.



South West Regional Manager, Annabelle Calvert at the Bunnings Mandurah Sausage Sizzle Fundraiser.

At the first event our stall ran out of sausages three times which meant Annabelle was running to the shops

on a regular basis. We were pleased to report the second one was just as busy but we were much better prepared, even though a wise person once said “you can never tell just how many sausages you are going to sell”.

A big thank you to everyone for their support on the day and we look forward to all being together again for the next one.

Annabelle Calvert, Regional Manager South West



MAKING A DONATION TO PEOPLE WHO CARE.

When you make a donation to People Who Care you can be assured funds are used to enhance local Western Australian community services and projects that need it most.

Currently donations are being used to support:

- **Power a Pensioner helping pensioners and young families in extreme need.**
- **Additional value added services - more crafts, better activities and hot meals for clients.**
- **The provision of low cost goods to families in need.**

All donations of \$2.00 or more are tax deductible.

If you would like to make a donation to People Who Care, please either:

- Donate via our website - www.peoplewhocare.org.au
- Donate in person at any of our offices by cash, cheque, eftpos or credit card (*MasterCard or Visa cards accepted*).
- Make a regular donation by direct debit from your bank account or credit card.
- Donate by telephone **(08) 9379 1944**
- Donate by mail, send your cheque made payable to ‘People Who Care’ - PO Box 26, Guildford WA 6935